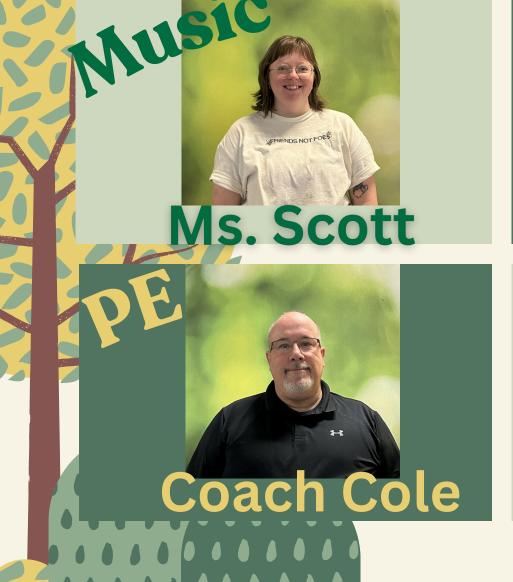


At Citizens, K-5 students get to experience each special on a 2-3 day rotation. This means they will have the same special for two or three days in a row and then switch to the next! This cycle repeats every two weeks, so specials teachers will see your student's class every other week. In middle school, students have 2 elective each day for one semester. We will switch electives after winter break.

Below, you will find info about what students in each grade level have been working on in each special. You can expect to hear from the specials team with updates monthly or more!





**Profe Wood** 



Greetings CWC Families! I have loved getting to know your students over the past two weeks. So far, our priorities in the music room have included learning routines such as our greeting and goodbye songs, and practicing procedures such as voice levels and how to move around the room safely during games and activities.

- Middle school is currently working on complex rhythm patterns, and applying rhythmic patterns to body percussion movements.
- Grades 3-5 are currently working on creating simple rhythmic patterns and internalizing rhythm through movement.
- Grades K-2 are exploring rhythm through maintaining a steady beat, as well as tempo changes such as largo, lento, and andante.

Our September Composer of the Month is Johann Sebastian Bach!

-Ms. Scott



All art students at Citizens are learning first and foremost how to be artists! This looks different for each grade level, but all classes are currently learning about what it means to be an artist, what artists are inspired by, and how to take care of their materials.

You may wonder where the art your student is making is going! They may choose to take their art home, but many students are choosing to leave their art with me to hang up. We have lots of art on the walls! We are also working towards a whole school art exhibition during conferences at the end of October.

I am working towards creating profiles for all Citizens students on Artsonia. To access your student's account, go to

https://www.artsonia.com/connect/6JDFWS98 and enter your child's information! This will link you to a preexisting account or help me to create your student's account more quickly.

-Ms. Clark



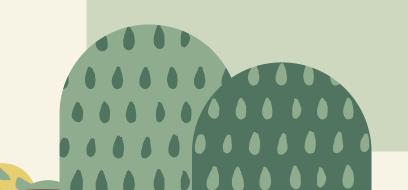
## K - 2nd

We have been working on coordination and movement patterns like skipping, galloping, sliding, shuffling, hopping, jumping, walking and jogging. Next we will be working on tossing, throwing and catching with individual and group settings. We will introduce dodging and fleeing games.

## 3rd - 8th

We have been working on core fitness, jump patterns, and the olympics. We are introducing team sports covering rules and safety. Next we will begin our fitness testing featuring the Pacer Test, Shuttle Run, Sit-up Test, Lateral Jump Test. Jump Rope Test and Sit and Reach Test.

-Coach Cole





For the younger grades we are working on songs and also being able to recognize action words that they can practice so the words get into their bodies and minds. We also are continuing with songs that are often from the country and fun to do.

For the older kids (and the younger kids as much as possible) we are working our main focus is being able to use higher order thinking as we create stories and characters that we are able to talk about. Students can find this more effective since it is more about the message than just the words. The words come as we use them. We are also working on becoming a learning community where they can help one another through their focusing together.

-Profe Wood

